



GSC Frostbite Regatta 2023

September 9-10, 2023

Glenmore Sailing Club

Glenmore Reservoir, Calgary, Alberta

SAILING INSTRUCTIONS

(Sailboats other than Optimist dinghies)

1 RULES

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2021-2024*.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located just inside the main entrance of the clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted before 0915 on the day it will take effect.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed at the flag post located at the side deck of the clubhouse.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5 SCHEDULE OF RACES

5.1 The Skippers meeting will take place at 0915 on Saturday.

5.2 The scheduled time of the warning signal for Saturday is 10:30.

5.3 The scheduled time of the warning signal for Sunday is 10:00

5.4 No races will begin after 1600 Saturday, 1500 Sunday

6 CLASS FLAGS

Class flags will be displayed on the official notice board once registration has been closed on Saturday morning.

7 THE COURSES

Courses will be posted using a series of numbers (and an "X" if required) on the transom of Race Committee Barge. A Red background indicates that a mark is to be left to Port. A Green background indicates that a mark is to be left to Starboard.

8 MARKS

- 8.1 The marks for this regatta will be made up of the 8 fixed numbered marks that are distributed around the reservoir. A diagram of where these marks are located will be posted on the official notice board.
- 8.2 There will also be a 9th moveable mark which will be a yellow tetrahedron. This mark will be known as the "X" mark and will be indicated using the "X" board when the course is displayed on the back of the barge.

9 THE START

- 9.1 Races will be started using a 3-minute start sequence. This changes rule 26 of *the Racing Rules of Sailing*.
- 9.2 The starting line will be between the port side red & silver post on the RC barge and the floating pin displaying a yellow flag.
- 9.3 Boats who are not in their start sequence shall avoid the starting area. The start line is not an obstruction.
- 9.4 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rules A4 and A5.
- 9.5 Coaches and coach boats are not permitted at or near the start line.

10 THE FINISH

- 10.1 The finishing line will be between the starboard black & white checkered post on the RC barge and the blue flag pin.
- 10.2 Boats who are not finishing, and coach boats shall stay clear of the finishing area, as it is an obstruction. Crossing the finish line before completing the course will result in a competitor being scored Disqualified (DSQ) without hearing.

11 PENALTY SYSTEM

Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

12 TIME LIMITS AND TARGET TIMES

- 12.1 Time limits and target times are as follows:

<u>Class</u>	<u>Time Limit</u>	<u>Mark 1 Time Limit</u>	<u>Target Time</u>
All	1 hr 30 min	20 min	35 min

If no boat has passed Mark 1 within the Mark 1 time limit the race can be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).

- 12.2 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes rules 35, A4 and A5.

13 PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Protest forms are available at the Official Regatta Notice Board located just inside the main entrance way of the sailing club. Protests and requests for redress or reopening shall be delivered there within that appropriate time limit.
- 13.2 For each class the protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 13.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the main clubhouse, beginning at the posted time.
- 13.4 Decisions of the protest committee will be final as provided in rule 70.5.

14 SCORING

- 14.1 The low points scoring system will be in effect as per Rule A4 in the *Racing Rules of Sailing*.
- 14.2 One race must be completed to constitute a series.
- 14.3 When fewer than 5 races are completed a boats series score will be the total of her race scores.
- 14.4 When 5-9 races are completed a boats series score will be the total of her race scores excluding her worst score.
- 14.5 When 10 or more races are completed a boats series score will be the total of her race scores excluding her worst 2 scores.

15 SAFETY REGULATIONS

- 15.1 A boat that retires from a race shall notify the race committee as soon as possible.
- 15.2 According to City of Calgary Bylaws, life jackets or PFDs must be worn at all times by people participating in on-water activities on the Glenmore Reservoir. Competitors failing to do so at any time while on the water will be scored as Disqualified (DSQ) without redress for all races on that day.

16 TRASH DISPOSAL

Boats shall not put trash in the water. Trash shall be placed in proper receptacles ashore.

17 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

18 PRIZES

Prizes will be awarded to the top finishers in all classes. Prizes will be awarded as follows:

- 1-3 boats: 1st Place
- 4-5 boats 1st & 2nd Place
- 6 or more boats 1st, 2nd & 3rd place

19 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.